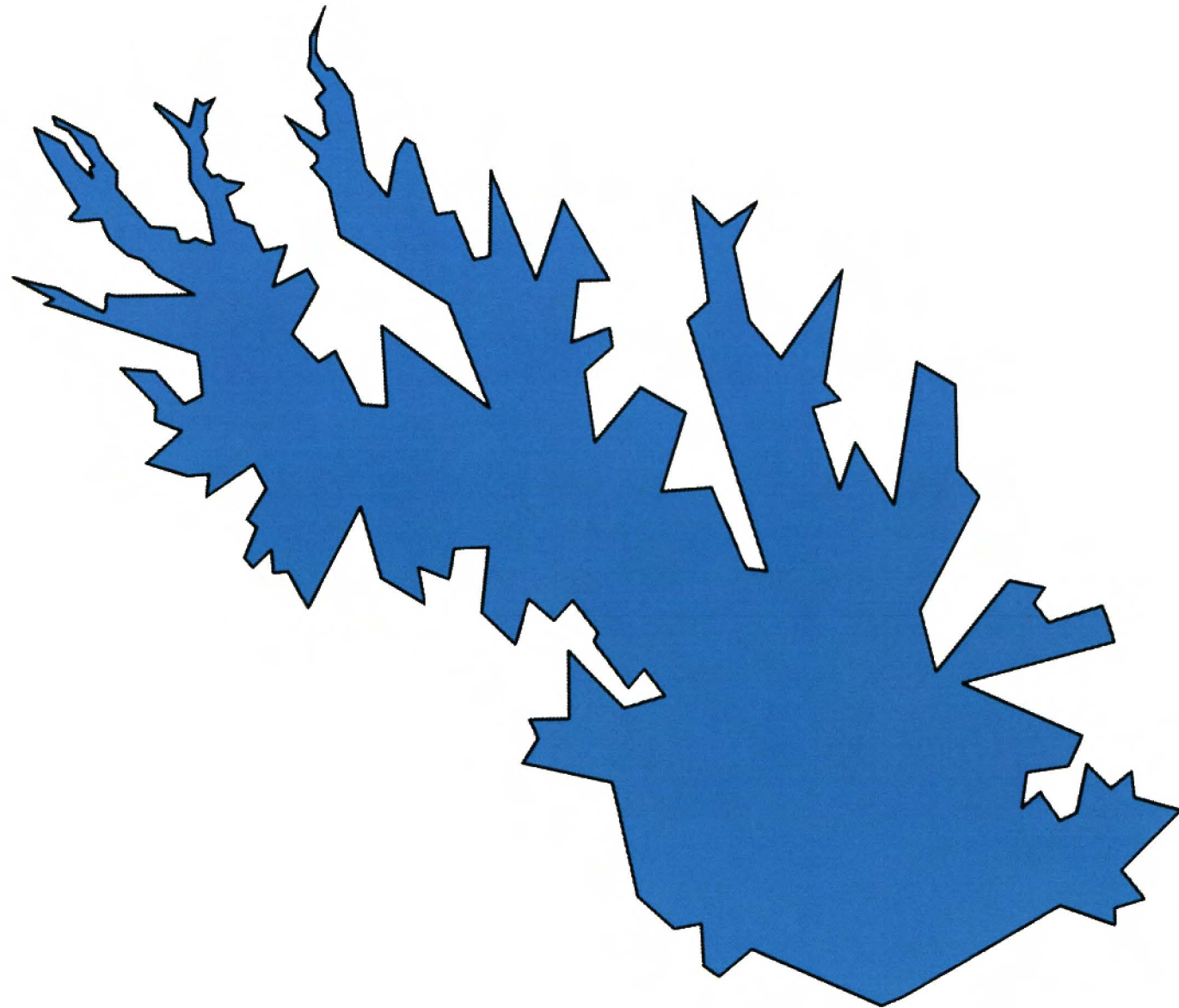


# Healthy Fish Consumption at

## Draper Lake



Fishing is a great pastime and tradition in Oklahoma. Fish provide many benefits that are essential for a healthy diet; however, some fish pose a higher risk of mercury contamination. The Oklahoma Department of Environmental Quality (DEQ) encourages Oklahomans to go fishing, but DEQ advises that not all fish are safe to eat in unlimited amounts. By following the guidelines in the chart below, you can make informed choices for you and your family.

### Mercury in Fish Consumption Advisory

#### Largemouth Bass:

##### Sensitive Population:

- No restriction under 14 inches
- Two meals per month 14 inches and over

##### General Population:

- No restriction

#### Spotted Bass:

##### Sensitive Population:

- No restriction under 14 inches
- Two meals per month 14 inches and over

##### General Population:

- No restriction

The following fish were sampled and found to be safe for consumption:  
Bluegill Sunfish, Channel Catfish, Redear Sunfish, White Bass

**Sensitive Population:** Women of Childbearing Age, Pregnant or Nursing Mothers, and Children up to the age of 15

**General Population:** Males age 15 and older, Women past Childbearing Age

For more information, visit our website at: [www.deq.state.ok.us/fish/](http://www.deq.state.ok.us/fish/) or call 1 (866) 412-3057.